



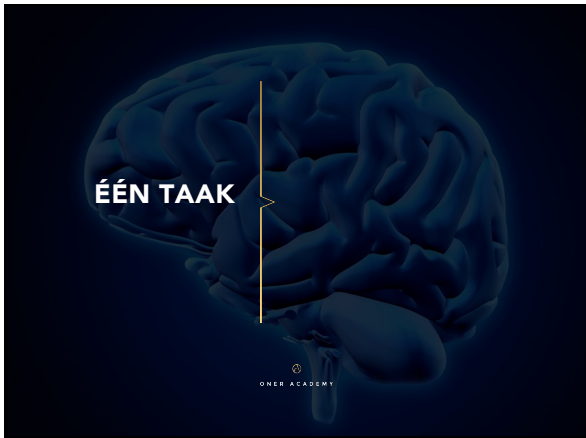
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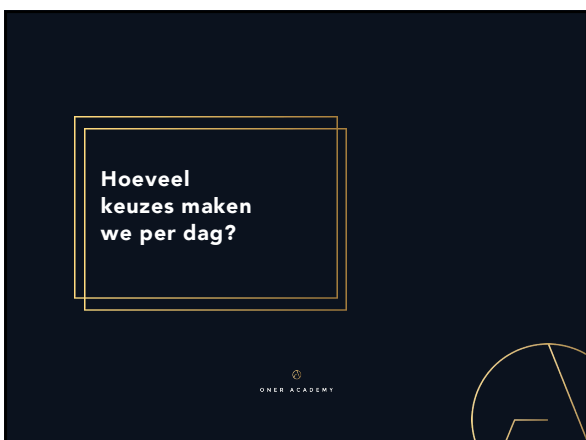
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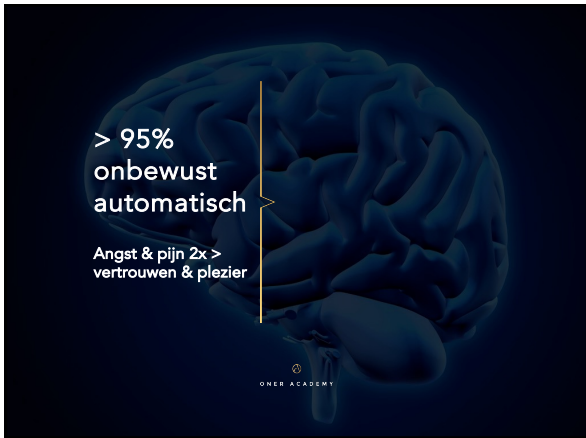
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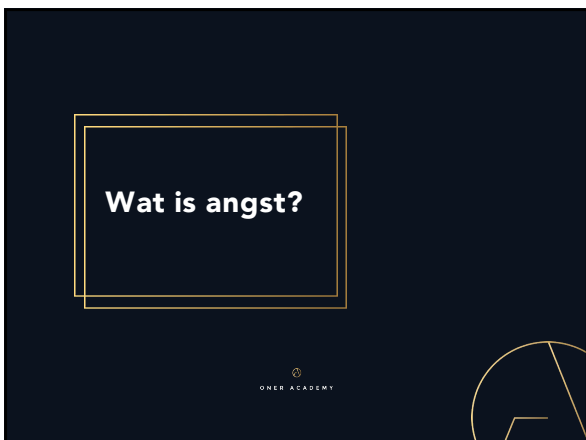
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Universele angsten

1. Angst om dood te gaan.

2. Afscheiden zijn en verlaten.

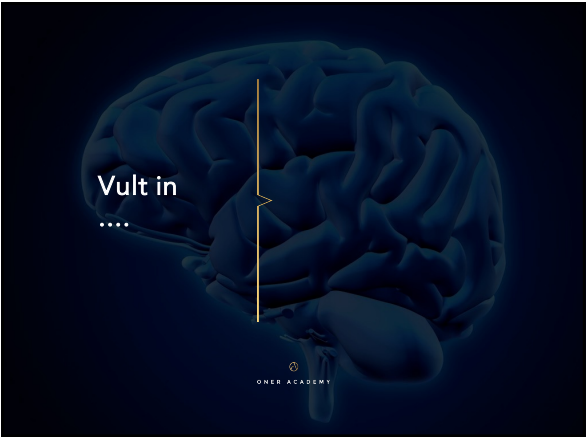
3. Niet goed genoeg zijn/ oordeel van een ander.

4. Financieel niet rondkomen.

5. Verlies van controle.

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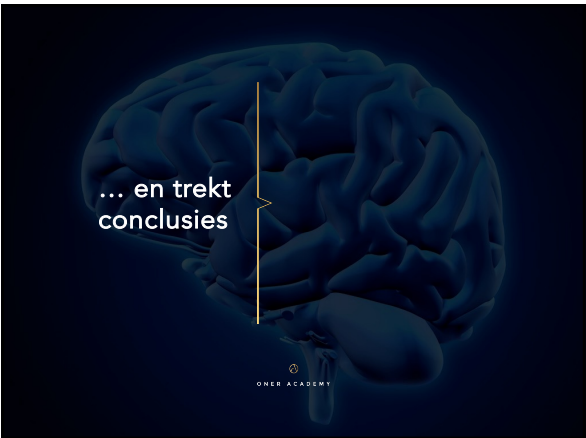


Vult in

....

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... en trekt conclusies

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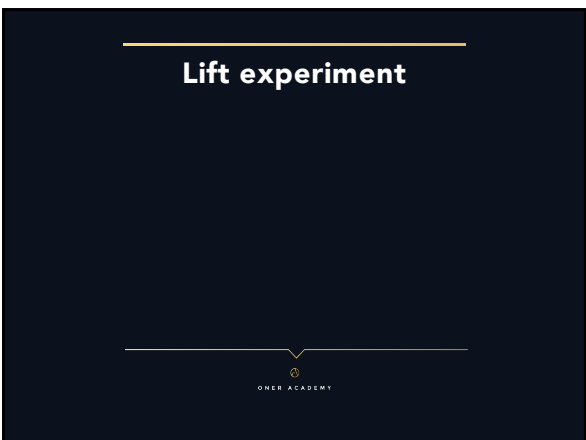
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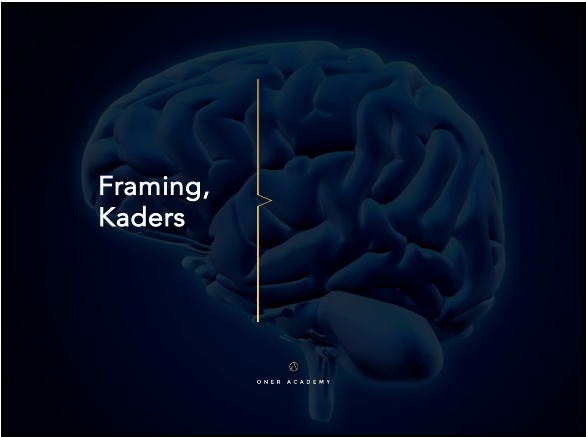
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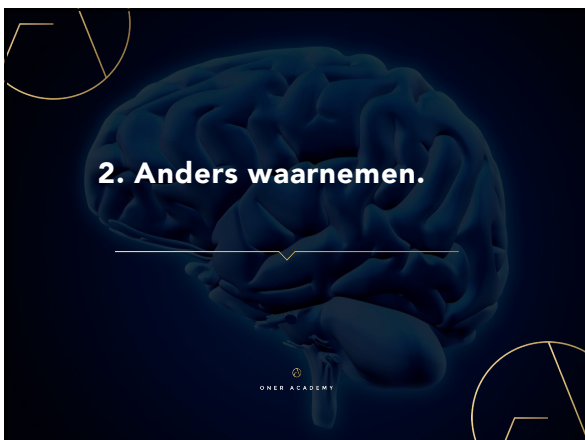
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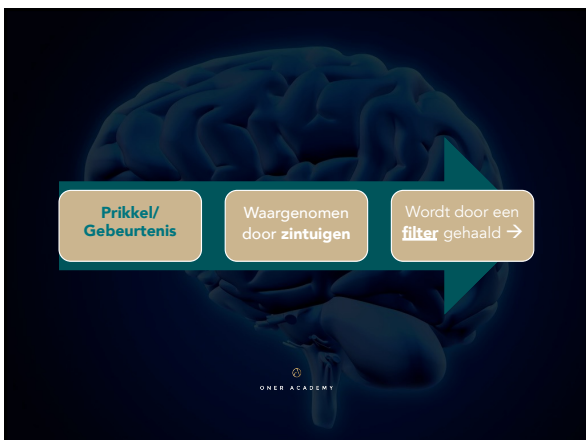
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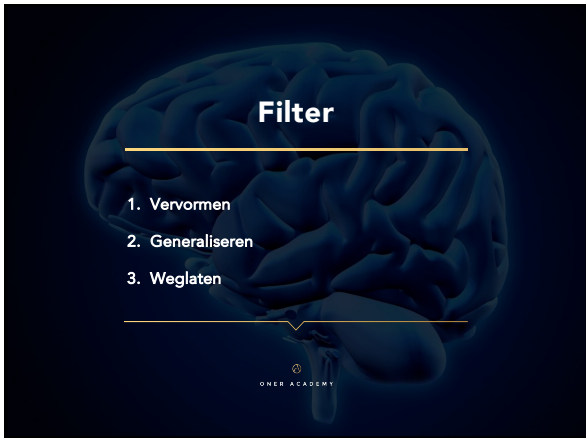
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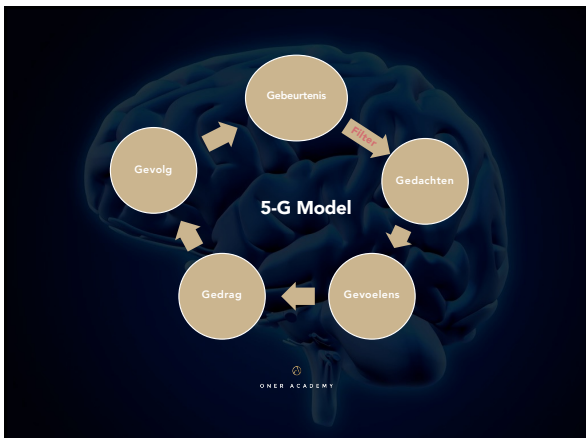
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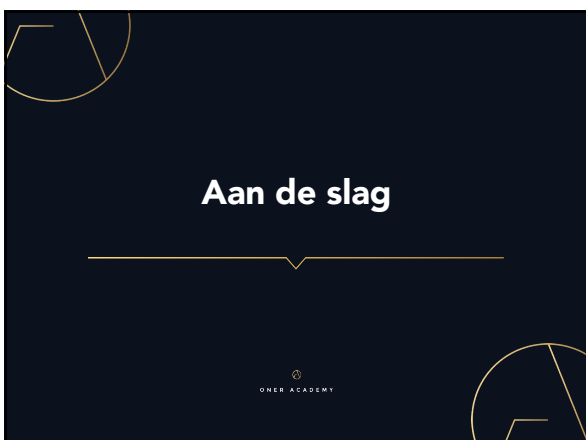
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Oefening 1.

Tel binnen 5 seconden de
paarse ballonnen op het
volgende plaatje?



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Hoeveel **paarse ballonnen**
heb je geteld?



37

Hoeveel **groene ballonnen**
waren er op het plaatje?



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Oefening 2

Hoe vaak gooit het witte team de basketbal over?

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Oefening 3

Volg de bewegende stip.
Welke kleur heeft de bewegende stip?

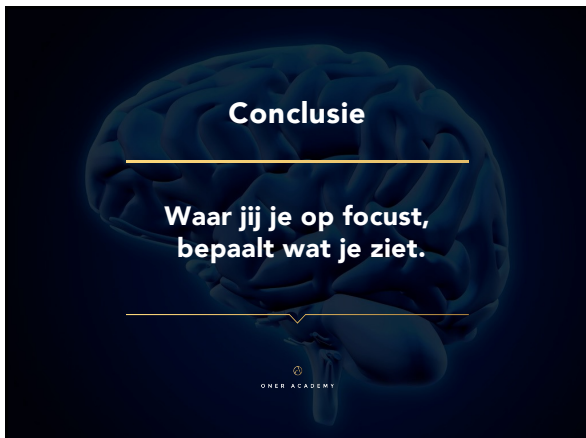
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Kijk naar het kruis +.
Welke kleur heeft de bewegende stip nu?

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Is NIET het totaalplaatje!

- Altijd op zoek naar bevestiging van eigen overtuigingen en conditionering: BIAS!
- En wordt beïnvloedt door kaders, framing & de groep.'

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Hoe zijn overtuigingen & conditionering ontstaan?

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Van geboorte tot +/- 7 jaar: ontstaan van hersenbanen.

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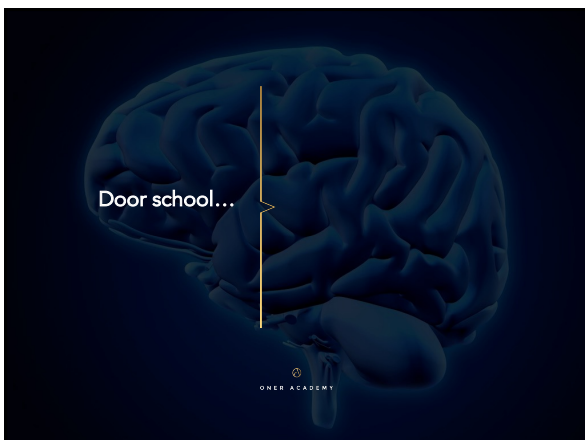
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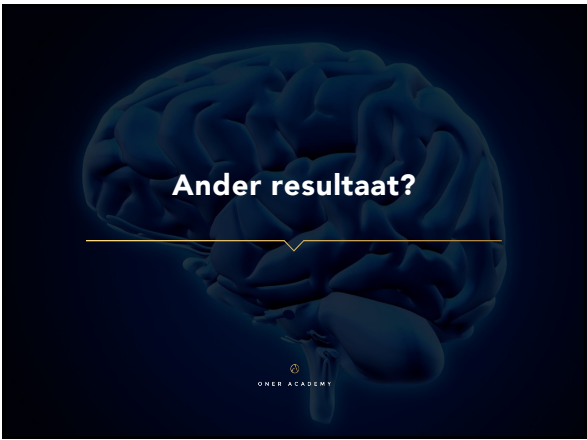
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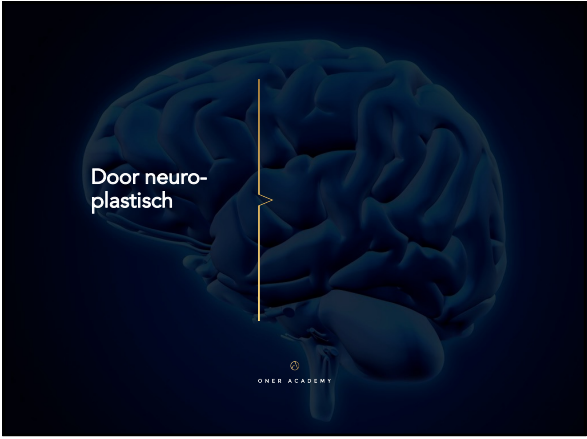
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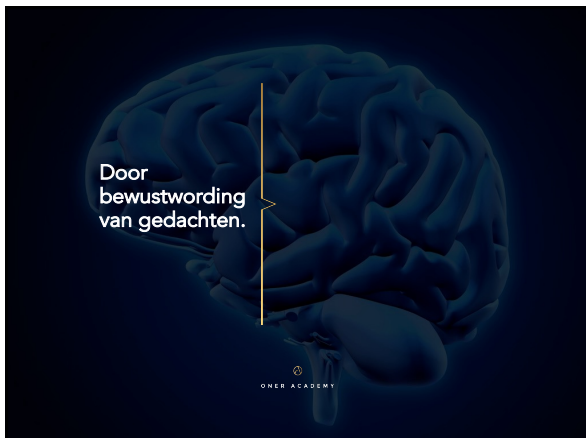
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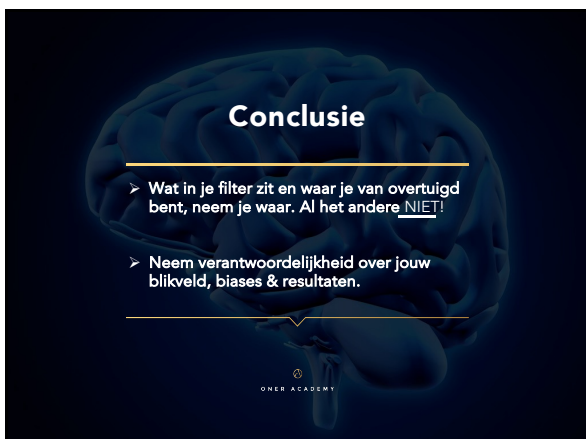
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En...

- Veroordeel de ander niet, maar weet dat diegene onbewust handelt.
- Toch bewust? Dan vanuit angst.

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*'When you change the way you look at things,
the things you look at change.'*

Wayne Dyer

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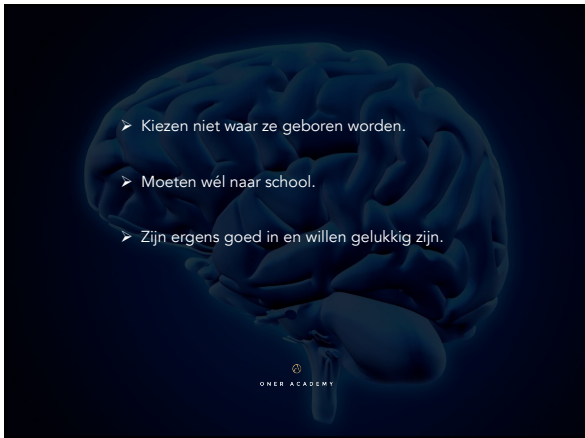
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Vooraf in het onderwijs

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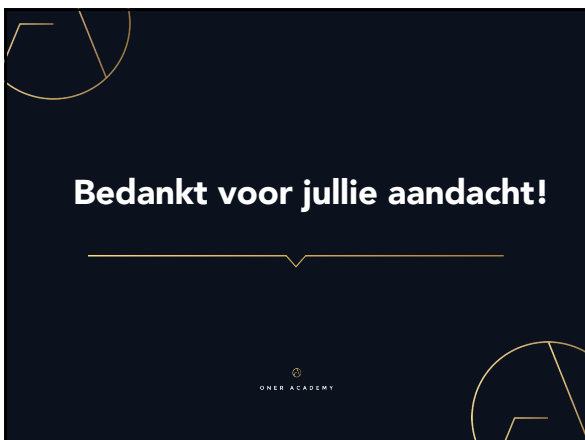
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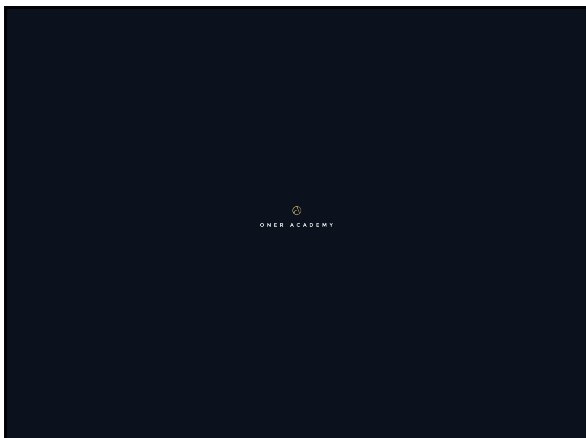
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